



2023 SKYHIGH Triathlon Camp Registration,

Athlete #1 _____ Gender _____ Date of Birth _____ Shirt _____

Athlete #2 _____ Gender _____ Date of Birth _____ Shirt _____

Athlete #3 _____ Gender _____ Date of Birth _____ Shirt _____

Address: _____

T-Shirt Sizes: **YS, YM, YL, S, M, L, XL**

Parent 1 _____

Day /Cell Phone _____ / _____ Email _____

Parent 2 _____

Day /Cell Phone _____ / _____ Email _____

Emergency Contact _____ Phone _____

USA Triathlon Membership: USAT requires all athletes involved in SKYHIGH Adventures productions to be members of USA Triathlon. If your child is not a current USAT member, go to www.USATriathlon.org to register.

Athlete #1 USAT # _____ Athlete #2 _____ Athlete #3 _____

	Fee from Schedule	# of Athletes	# of Sessions	Sub-Totals
Athlete Fee				\$
Early Drop-Off				\$
Extra T-Shirt	\$16.00			\$
Kids Tri Entry			Race Day	\$
			*Total =	\$

Triathlon Camp Schedule

Paratriathlon Session #1: July 5-7
 Session #2: July 10-14
 Session #3: July 17-21
 Session #4: July 24-28

KIDs Tri: July 28 (ages 5-13)

Early Drop-Off: 8-9am: \$60/wk/child

Registration Fee Schedule and Tiers

	Early Bird: Tier 1 UNTIL MAR 15	Tier 2 Mar 16- APR 15	Tier 3 APR 16-MAY 15	Full Fee: Tier 4 MAY 16-JUNE 30
PER WEEK Save!	\$295 Save \$50	\$315 Save \$30	\$330 Save \$15	\$345
2 SIBLING DISCOUNT	\$290 <u>each</u> Save \$55 <u>each</u>	\$305 <u>each</u> Save \$40 <u>each</u>	\$320 <u>each</u> Save \$25 <u>each</u>	\$335 <u>each</u> Save \$10 <u>each</u>
3 SIBLING DISCOUNT	\$285 <u>each</u> Save \$60 <u>each</u>	\$295 <u>each</u> Save \$50 <u>each</u>	\$310 <u>each</u> Save \$35 <u>each</u>	\$325 <u>each</u> Save \$20 <u>each</u>
3 WK Deal SAVE!!	\$885 Save \$150	\$945 Save \$90	\$990 Save \$45	\$1,000 Save \$35
KIDS TRI	\$20 Save \$15	\$25 Save \$10	\$30 Save \$5	\$35

Mail Registration to:

SKYHIGH Adventures LLC
 322 Methodist Farm Road
 Averill Park, NY 12018

Camperships are available to families with financial need.

Credit Card/PayPal/Venmo Accepted
 4% fee added

*Late fee of \$30 will be applied to registrations received after June 30.

www.SKYHIGHcamp.org

SKYHIGH Triathlon Camp Typical Daily Schedule

9:00am - 4:30pm (8:00 am early drop-off is available)



Instructional Disciplines:

Five Fun Activity/Skills Periods

1. Swimming
2. Biking
3. Running
4. Warm Down Time & Nutrition
5. Team Building, Agility & Strength

Early Drop-Off: 8:00 – 9:00

(\$60/child/week)

Drop-Off & Sign-In: 9-9:15

Warm-up games

Morning Meeting: 9:15-9:45

Athlete Group Meeting
Daily overview & lesson
Break into age/skill groups

Daily Group Rotation Schedule

Activity #1: 9:45 - 10:45

Activity #2: 10:45 - 11:45

Lunch: 11:45 - 12:15

Activity #3: 12:15 - 1:15

Activity #4: 1:15 - 2:15

Activity #5: 2:15 - 3:15

Clean-Up: 3:15 - 3:30 Pick-Up &
Organize

Choice Activity: 3:30 - 4:15 Athletes get extra time doing their favorite activity or they may relax and chill out with coaches and other athletes.

Athlete Pick-Up: 4:15 - 4:30

All athletes need to be picked up by 4:30 pm; we do not offer a late pick-up option

SKYHIGH Sports Camp Notice of Safe Operating Procedures and Practices

Although we are not a certified day camp regulated by the New York State Department of Health, we do maintain a high level of supervision that meets or exceeds the New York State Department of Health 7-2 requirements.

- We check the [New York State Sex Offender Registry](#) prior to hiring all staff.
- All staff are trained in child abuse identification and reporting requirements.
- We are SafeSport Certified every year uscenterforsafesport.org
- We comply with criminal background checks by NCSI every 2 years solutions.ncsisafe.com
- Our minimum staff to child (athlete) ratio is 1:6 or better during activities.
- Staff are trained in safety management for each activity, emergency first aid, CPR and waterfront lifeguarding.
- Athletes are supervised by an experienced Waterfront Lifeguard & Water Safety Instructor, Outdoor Emergency Care & CPR Instructor.
- Due to the inherent risks in triathlon and multi-sport activities, injuries and illnesses do occasionally occur. If and when injuries or illness do occur, we provide first aid, call 911 if necessary and notify parents. All injuries are reported to USA Triathlon, which is our sanctioning body and our insurance carrier.

Legal Notice Required by Sports Camps in New York State

This sports camp is not regulated or inspected by the New York State Department of Health and is not required to obtain a Department of Health permit. This camp is not required to follow Department of Health regulations, including, checking the state sex offender registry prior to hiring staff; maintaining minimum staff-to-child ratios; hiring medical personnel; or reporting injuries or illnesses to the Department of Health.

The legal notice above is required by New York State law for all sports camps in New York State

If you have any questions about our credentials, please contact us via email or phone at:
SKYHIGHadventures@gmail.com / 518-674-0369 / www.SKYHIGHcamp.org