



Multi-Sport Life Triathlon Club

The Capital District's Family-Friendly Club!
Club Reciprocity with CDTC & BTC

Name: _____ M / F DOB: ___/___/___

Address: _____
 Street City State Zip

Email: _____

Day Phone: (____) _____ Evening Phone: (____) _____

USATriathlon # _____ [Go to usatriathlon.org to register]

Club Member Annual Fees

- Individual Membership \$30 _____
- Family Membership \$55 _____

Swim Training – Wednesdays 6-7pm June 24, July 8-Aug 5

- Open-Water Swim for Club Members \$10/ week _____
- Guest Open-Water Swim \$20/ week _____

Swim Coaching – Wednesdays 6-7pm June 24, July 8-Aug 5

- Club Member USAT Coaching \$20/ week _____
- Guest USAT Coaching \$30/ week _____

Pre-Pay and Save! 6 Weeks

- Wednesday Night Training \$50 _____
- Wednesday Night Swim Coaching \$100 _____

Total = _____

All club members are expected to volunteer for either check-in or check-out on one evening during the training season.

Mail registration and payment to: SKYHIGH Adventures
322 Methodist Farm Rd
Averill Park, NY 12018
(518)674-0369 skyhighadventures.com