



2023 CIT CAMP REGISTRATION

Athlete Name _____ Date of Birth _____

Address: _____

Gender _____

T-Shirt Size: (circle) **Youth** S M L

Parent 1 _____

Adult S M L XL

Daytime Phone _____ Email _____

Parent 2 _____

Daytime Phone _____ Email _____

Emergency Contact _____ Phone _____

USAT # _____ USA Triathlon Membership: USAT requires all athletes involved in SKYHIGH Adventures productions to be members of USA Triathlon. If your child is not a current USAT member, go to www.usatriathlon.org to register. Bring your membership card to check-in.

Adventure Camp Sessions

Camp drop-off is from 8:30-9:00am. Programming begins at 9:30am. Pick-up is at 5:00pm.

Date Session Attending SEE FEE STRUCTURE ON BACK for Discounts Based on Number of Weeks Attending

July 5-7 ParaTri _____

July 10-14 Wk #1 _____ # Weeks _____ X Weekly Fee _____ = _____

July 17-21 Wk #2 _____

July 24-28 Wk #3 _____

Total Payment _____

OUR KIDS TRIATHLON WILL BE ON FRIDAY, JULY 28 AT GRAFTON LAKES STATE PARK.

To register by mail: Complete this form and make checks payable to SKYHIGH Adventures LLC.

**SKYHIGH Adventures LLC
322 Methodist Farm Rd
Averill Park, NY 12018**

Go to **SKYHIGHadventures.com** for daily schedule and supply list

2023 SKYHIGH CIT REGISTRATION FEE SCHEDULE

The SKYHIGH Adventures Coaches In-Training (CIT) program is designed for our older experienced athletes, ages 13 and up, to develop leadership and collaborative skills in working with youth athletes. SKYHIGH CITs are given responsibilities in supervision and instruction of youth athletes while also receiving skills-training and opportunities to participate in challenging outings and adventure activities. CITs also assist in many regular tasks that keep things running smoothly and are an important part of SKYHIGH.

CIT spots are limited. Each year we have more requests for CIT positions than we can accommodate. We carefully plan each week so that CITs are paired with staff and athlete groups that best fit the skill set of each CIT and the needs of our program. Please register early to ensure that we can plan appropriately and to save your spot. We will have virtual in-service training for staff and CITs during the off-season. Working with young people as they develop and progress through high school and college is very rewarding. We look forward to working with your teenager as they transition into adulthood.

Level 1 CITs: 14 year olds with past SKYHIGH experience and CPR/First Aid certificate

Level 2 CITs: 15 year olds with past SKYHIGH experience and Lifeguarding Certificate or 16+ with Lifeguarding Certificate but without past SKYHIGH experience

Level 1 CIT:

1 week: \$250
2 weeks: \$200/week
3 weeks: \$175/week
ParaTri Camp: \$75

Level 2 CIT:

1 week: 125
2 weeks: \$100/week
3 weeks \$85/week
ParaTri Camp: \$40

SKYHIGH Notice of Safe Operating Procedures and Practices

Although we are not a certified day camp regulated by the New York State Department of Health, we do maintain a high level of supervision that meets or exceeds the New York State Department of Health 7-2 requirements.

We check the New York State Sex Offender Registry prior to hiring all staff.

All staff are trained in child abuse identification and reporting requirements.

We are SafeSport Certified every 2 years with yearly refreshers uscenterforsafesport.org

We comply with criminal background checks by NCSI every 2 years solutions.ncsisafe.com

Our minimum staff to child (athlete) ratio is 1:6 or better during activities.

All staff are trained in safety management for each activity, emergency first aid, CPR and waterfront lifeguarding. All staff and athletes are supervised by an experienced Waterfront Lifeguard & Water Safety Instructor, Outdoor Emergency Care & CPR Instructor.

Injuries and illnesses do occur infrequently and we immediately provide first aid and notify parents. All injuries are reported to USA Triathlon, which is our sanctioning body and our insurance carrier.

Legal Notice Required by Sports Camps in New York State

This camp is not regulated or inspected by the New York State Department of Health and is not required to obtain a Department of Health permit. This camp is not required to follow Department of Health regulations, including, checking the state sex offender registry prior to hiring staff; maintaining minimum staff-to-child ratios; hiring medical personnel; or reporting injuries or illnesses to the Department of Health.

The legal notice above is required by New York State law for all sports camps in New York.

If you have any questions about our credentials please contact us via email or phone at:

SKYHIGHadventures@verizon.net 518-674-0369